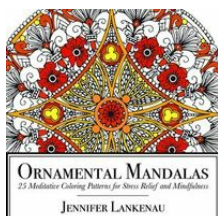


ORNAMENTAL MANDALAS: 30 MEDITATIVE COLORING PATTERNS FOR STRESS RELIEF AND MINDFULNESS



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Reader's Opinions

This color book has intricate Ornamental Mandala pages that rip out easily. I colored one with colored pencils for my grandmother and I just keep rotating the page and filling in the colors. I had a horrible day and coloring helped me de-stress ALOT! ^.^ it works, people. LOL BUY THE BOOK