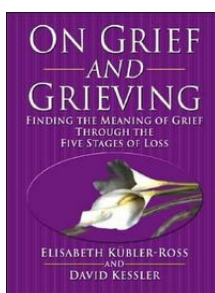


# ON GRIEF AND GRIEVING: FINDING THE MEANING OF GRIEF THROUGH THE FIVE STAGES OF LOSS

Shortly before her death in 2004, Elisabeth Kubler-Ross and David Kessler, her collaborator, completed the manuscript for this, her final book. On Grief and Grieving is a fitting completion to her work. Thirty-six years and sixteen books ago, Kubler-Ross's groundbreaking On Death and Dying changed the way we talk about the end of life. Now On Grief and Grieving will profoundly influence the way we experience the process of grief. On Death and Dying began as a theoretical book, an...



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This was such an insightful book for me. I highly recommend it to anyone who has gone thru or is presently going thru some sort of loss. Although the authors focused on loss thru death...